

# lifegroups

DISCIPLESHIP TRAINING

## Session #2— July 12, 2026

**Title:** Seeds Grow in Good Soil

**Theme:** Praise

**Scripture:** Matthew 13:18-23 (NIV)

**Objective:** During this session, the learner will gain knowledge on why believers must have minds like good soil in order to receive, understand and grow from the Word of God.

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### **Outreach from Previous Week:**

How can our faith in Jesus Christ and the promise of deliverance be a source of comfort when facing personal struggles?

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### **Training Text: Matthew 13:18-23 (NIV)**

*<sup>18</sup> "Listen then to what the parable of the sower means: <sup>19</sup> When anyone hears the message about the kingdom and does not understand it, the evil one comes and snatches away what was sown in their heart. This is the seed sown along the path. <sup>20</sup> The seed falling on rocky ground refers to someone who hears the word and at once receives it with joy. <sup>21</sup> But since they have no root, they last only a short time. When trouble or persecution comes because of the word, they quickly fall away. <sup>22</sup> The seed falling among the thorns refers to someone who hears the word, but the worries of this life and the deceitfulness of wealth choke the word, making it unfruitful. <sup>23</sup> But the seed falling on good soil refers to someone who hears the word and understands it. This is the one who produces a crop, yielding a hundred, sixty or thirty times what was sown."*

over, please

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**Scripture Discussion | Matthew 13:18-19**

- In verse 18, what does Jesus ask the listeners to do?
- What happens when someone hears a message about the kingdom, but doesn't understand it?

**Scripture Discussion | Matthew 13:20-21**

- In verse 20, the metaphor of a "seed falling on rocky ground" refers to what?
- Since seeds planted in rocky ground have difficulty gaining root, what's the end result, according to verse 21?

**Scripture Discussion | Matthew 13:22-23**

- "The seed falling among the thorns" refers to what type of people?
- Describe the individuals who are like "seed falling on good soil." What are the end results for them?

**Discussion Questions:**

- A parable is a simple story used to illustrate a moral or spiritual lesson. Why do you think Jesus often chose to teach using parables? Do you think using this teaching technique would work today?  
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- What distractions or "thorns" might be choking your spiritual growth today? How do you handle them?  
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- Can you think of a time when you heard God's Word, but didn't let it take root? What happened?  
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*Next Week's Scripture: Romans 8:12-17 (NIV)*

**Outreach:**

Ask two people the following question: What distractions or "thorns" might be choking your spiritual growth today? How do you handle them?

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Report your results in the group next week.