

# lifegroups

DISCIPLESHIP TRAINING

## Session #4— June 28, 2026

**Title:** Freed for Purpose

**Theme:** The Blueprint for True Freedom

**Scripture:** Galatians 5:13-16 (NIV)

**Objective:** During this session, the learner will examine how using their freedom in Jesus Christ to humbly love others is a true expression of a real liberated life.

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### Outreach from Previous Week:

What is one way that you can express your faith in Jesus Christ through action this week?

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### Training Text: Galatians 5:13-16 (NIV)

<sup>13</sup> *You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love.*

<sup>14</sup> *For the entire law is fulfilled in keeping this one command: "Love your neighbor as yourself."* <sup>15</sup> *If you bite and devour each other, watch out or you will be destroyed by each other.*

<sup>16</sup> *So I say, walk by the Spirit, and you will not gratify the desires of the flesh.*

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### Scripture Discussion | Galatians 5:13

- What does it mean that you have been "called to be free" in Christ?
- Why does Paul immediately pair the concept of "freedom" with "serving one another in love?"

over, please

**FRIENDSHIP**  
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**Scripture Discussion | Galatians 5:14-15**

- How does "Loving your neighbor as yourself" radically simplify the way we approach God and others?
- What does Paul mean when he says we will be "consumed" by one another?

**Scripture Discussion | Galatians 5:16**

- What exactly does Paul mean by "the flesh" or the sinful nature?
- How would you describe the difference between merely avoiding sin and actively "Walking by the Spirit?"

**Discussion Questions:**

- What does it practically look like to "serve one another humbly in love" instead of seeking to be served?

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- Are there specific situations or relationships where you find it difficult to show love instead of criticism?

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- How does being led by the Spirit differ from living by a strict set of rules or the Law?

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*Next Week's Scripture: Zechariah 9:9-12 (NIV)*

**Outreach:**

Ask two people the following question: What is one specific, actionable step you can take this week to show love to a person who tests your patience?

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Report your results in the group next week.