

Session #4— May 24, 2026

Title: A Lesson on Righteous Living

Theme: Parents Just Don't Understand, Pt. 2

Scripture: Titus 2:1-8 (NIV)

Objective: During this session, the learner will gain knowledge on why integrity, self-control, and self-respect are qualities that all Christians should strive to attain.

Outreach from Previous Week:

How can we maintain unity and humility in a society that often values division and self-promotion?

Training Text: Titus 2:1-8 (NIV)

¹ You, however, must teach what is appropriate to sound doctrine. ² Teach the older men to be temperate, worthy of respect, self-controlled, and sound in faith, in love and in endurance.

³ Likewise, teach the older women to be reverent in the way they live, not to be slanderers or addicted to much wine, but to teach what is good. ⁴ Then they can urge the younger women to love their husbands and children, ⁵ to be self-controlled and pure, to be busy at home, to be kind, and to be subject to their husbands, so that no one will malign the word of God.

⁶ Similarly, encourage the young men to be self-controlled. ⁷ In everything set them an example by doing what is good. In your teaching show integrity, seriousness ⁸ and soundness of speech that cannot be condemned, so that those who oppose you may be ashamed because they have nothing bad to say about us.

over, please

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Scripture Discussion | Titus 2:1-3

- Sound doctrine promotes spiritual maturity, righteous living, and unity within the church. What lessons does Paul say the older men should be taught?
- What lessons should older women learn?

Scripture Discussion | Titus 2:4-6

- What lessons are older women responsible for teaching younger women?
- What are young men encouraged to do?

Scripture Discussion | Titus 2:7-8

- Provide the examples of “doing what is good” in verses 7 and 8.
- Why is it important to have a “soundness of speech” when teaching?

Discussion Questions:

- Are the lessons in today’s Scripture relevant in modern society? Please explain.

- In what ways can we demonstrate the qualities of self-control, self-respect, kindness, and patience in our day-to-day lives?

- Correcting mindsets, characters, and behavior are popular topics of discussion today. Speakers, teachers and parents often use “sound doctrine” and “sound speech” when addressing these subjects. Why do you think *some* listeners, young or older, are not receptive to what they hear?

Next Week’s Scripture: Ephesians 6:1-4 (NIV)

Outreach:

Ask two people the following question: In what ways can we demonstrate the qualities of kindness, patience, self-control and self-respect in our day-to-day lives?

Report your results in the group next week.