



Session #4— January 25, 2026

Title: Ready for Battle

Theme: VICTORIOUS

Scripture: Ephesians 6:17-20 (NIV)

Objective: During this session, the learner will examine how believers are called to be spiritually prepared to withstand attacks, demolish falsehoods and stand strong in God's power.

Outreach from Previous Week:

What's one way you can intentionally "put on the armor of God" by using one these pieces (truth, righteousness, peace and faith) this week?

Training Text: Ephesians 6:17-20 (NIV)

¹⁷ *Take the helmet of salvation and the sword of the Spirit, which is the word of God.*

¹⁸ *And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. ¹⁹ Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make known the mystery of the gospel, ²⁰ for which I am an ambassador in chains. Pray that I may declare it fearlessly, as I should.*

Scripture Discussion | Ephesians 6:17

- Why is salvation described as a helmet, specifically protecting the head?
- How can we actively use Scripture as an offensive tool in spiritual battles, similar to how Jesus did when tempted by Satan in Matthew 4:1-11?

over, please



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Scripture Discussion | Ephesians 6:18

- What does it practically mean to pray “at all times?”
- What does it mean to “pray in the Spirit?” How is this different from other forms of prayers?

Scripture Discussion | Ephesians 6:19-20

- Why would someone as experienced as Paul still need prayer for boldness?
- What challenges do we face today in balancing boldness with wisdom and respect when sharing our faith in the public arena?

Discussion Questions:

- How do you use God’s Word both defensively and offensively?

- How can you grow in your prayer life for wisdom and boldness to share God’s Word?

- What does it mean to be an ambassador for Christ? How does this passage encourage you to speak boldly?

Next Week’s Scripture: Genesis 2:18-25 (NIV)

Outreach:

Ask two people the following question: What does it mean to be an ambassador for Christ?

Report your results in the group next week.